|  |  |
| --- | --- |
| **Team :** |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Race No** | **Name** | **Sex** | **Time** |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  | **Total Time** |  |  |  |

Teams are to be made up of 4 **mixed** runners, including at least one male and one female.

Entry fee is £1.00 per runner. All proceeds go to the White Lodge Charity.

BRITISH AIRWAYS ROUND THE BLOCK – 22nd JANUARY 2013 @ 12:30

|  |  |
| --- | --- |
| **Team :** |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Race No** | **Name** | **Sex** | **Time** |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  | **Total Time** |  |  |  |

Teams are to be made up of 4 **mixed** runners, including at least one male and one female.

Entry fee is £1.00 per runner. All proceeds go to the White Lodge Charity.